

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanuytven Diane

Coaches: De Weerdt Koen HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BUTTERFLY WOMEN 13-14 Heat:1, starttime: 09:09

Heat: 1/6 Lane : 7 Athlete: VOLDERS ELLA Q-time: 99:99:99

PB (50m pool): 00:54.02 Antwerp 04/02/2024 PB (25m pool): 00:38.94 SB: no time

	5 0 M	
PB	00:54.02	
	00:54.02	
		

Coach feedback:

Event number: 3: 50M BUTTERFLY WOMEN 13-14 Heat:2, starttime: 09:10

Heat: 2/6 Lane : 2 Athlete: SARMI SOFIA Q-time: 00:46:73

PB (50m pool): 00:46.73 Mol 22/06/2025 PB (25m pool): 00:42.96 SB: no time

	5 0 M	
PB	00:46.73	
	00:46.73	
		

Coach feedback:

Event number: 3: 50M BUTTERFLY WOMEN 13-14 Heat:2, starttime: 09:10

Heat: 2/6 Lane : 7 Athlete: GERAEDTS MARIA Q-time: 00:47:98

PB (50m pool): 00:47.98 Wezenberg 05/01/2025 PB (25m pool): 00:41.08 SB: no time

	5 0 M	
PB	00:47.98	
	00:47.98	
		

Coach feedback:

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Event number: 3: 50M BUTTERFLY WOMEN 13-14			Heat:4, starttime: 09:13
Heat: 4/6 Lane : 3 Athlete: DALEMANS NEL			Q-time: 00:37:43
PB (50m pool): 00:37.43 Mol 22/06/2025			PB (25m pool): 00:35.57 SB: no time
	5 0 M		
PB	00:37.43		
	00:37.43		
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11-12			Heat:2, starttime: 09:35
Heat: 2/4 Lane : 5 Athlete: DE PUYDT ARTHUR			Q-time: 01:51:10
PB (50m pool): 01:51.10 Mol 22/06/2025			PB (25m pool): 01:46.16 SB: no time
	5 0 M	1 0 0 M	
PB	00:52.92	01:51.10	
	00:52.92	00:58.18	
			

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:1, starttime: 09:42
Heat: 1/4 Lane : 3 Athlete: JORIS LINDE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:42.71 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:2, starttime: 09:44
Heat: 2/4 Lane : 7 Athlete: BOURGUIGNON NENA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 13-14			Heat:1, starttime: 09:50
Heat: 1/9 Lane : 1 Athlete: GILLIS BAS			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:25.43 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 13-14			Heat:3, starttime: 09:54
Heat: 3/9 Lane : 4 Athlete: MARIN ALEXANDRU			Q-time: 01:13:87
PB (50m pool): 01:13.87 Mol 22/06/2025			PB (25m pool): 01:10.45 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.18	01:13.87	
	00:34.18	00:39.69	

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 13-14			Heat:4, starttime: 09:56
Heat: 4/9 Lane : 8 Athlete: VERSTRAETE PEPIJN			Q-time: 01:13:85
PB (50m pool): 01:13.85 Antwerpen 13/07/2025			PB (25m pool): 01:10.50 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.44	01:13.85	
	00:35.44	00:38.41	

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 13-14			Heat:5, starttime: 09:58
Heat: 5/9 Lane : 5 Athlete: DE WEERDT BENT			Q-time: 01:10:28
PB (50m pool): 01:10.28 Antwerpen 20/07/2025			PB (25m pool): 01:08.33 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.87	01:10.28	
	00:33.87	00:36.41	

Coach feedback:

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Event number: 14: 100M BUTTERFLY MEN 11-12			Heat:2, starttime: 10:51
Heat: 2/2 Lane : 1 Athlete: DE PUYDT ARTHUR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:1, starttime: 10:53
Heat: 1/9 Lane : 3 Athlete: BOURGUIGNON NENA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:27.03 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:1, starttime: 10:53
Heat: 1/9 Lane : 6 Athlete: JORIS LINDE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:22.23 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:4, starttime: 10:59
Heat: 4/9 Lane : 2 Athlete: SARMI SOFIA			Q-time: 01:16:20
PB (50m pool): 01:16.20 Antwerpen 13/07/2025			PB (25m pool): 01:13.60 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.79	01:16.20	
	00:36.79	00:39.41	

Coach feedback:

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Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:5, starttime: 11:00
Heat: 5/9 Lane : 1 Athlete: GERAEDTS MARIA			Q-time: 01:13:63
PB (50m pool): 01:13.63 Antwerpen 13/07/2025			PB (25m pool): 01:11.75 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.68	01:13.63	
	00:35.68	00:37.95	
			

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:5, starttime: 11:00
Heat: 5/9 Lane : 3 Athlete: DALEMANS NEL			Q-time: 01:12:16
PB (50m pool): 01:12.16 Antwerpen 13/07/2025			PB (25m pool): 01:10.31 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.21	01:12.16	
	00:34.21	00:37.95	
			

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:5, starttime: 11:00
Heat: 5/9 Lane : 4 Athlete: VOLDERS ELLA			Q-time: 01:11:33
PB (50m pool): 01:11.33 Antwerpen 20/07/2025			PB (25m pool): 01:07.50 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.44	01:11.33	
	00:34.44	00:36.89	
			

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 13-14			Heat:1, starttime: 11:09
Heat: 1/8 Lane : 7 Athlete: GILLIS BAS			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:39.87 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 16: 100M BACKSTROKE MEN 13-14			Heat:3, starttime: 11:14
Heat: 3/8 Lane : 4 Athlete: MARIN ALEXANDRU			Q-time: 01:26:56
PB (50m pool): 01:26.56 Mol 22/06/2025			PB (25m pool): 01:20.44 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.06	01:26.56	
	00:42.06	00:44.50	
			

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 13-14			Heat:4, starttime: 11:16
Heat: 4/8 Lane : 6 Athlete: VERSTRAETE PEPIJN			Q-time: 01:24:29
PB (50m pool): 01:24.29 Antwerpen 13/07/2025			PB (25m pool): 01:18.76 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.27	01:24.29	
	00:42.27	00:42.02	
			

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 13-14			Heat:5, starttime: 11:18
Heat: 5/8 Lane : 1 Athlete: DE WEERDT BENT			Q-time: 01:22:23
PB (50m pool): 01:22.23 Antwerpen 20/07/2025			PB (25m pool): 01:18.64 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.38	01:22.23	
	00:40.38	00:41.85	
			

Coach feedback: